

# living with energy IN IOWA

JUNE 2019



Guthrie County REC  
A Touchstone Energy® Cooperative



Congratulations, Guthrie County REC 2019 scholarship recipients!



Visit our website at [www.guthrie-rec.coop](http://www.guthrie-rec.coop)

Energy storage action  
plan for Iowa unveiled

Summertime  
recipes

Co-ops meet with  
lawmakers in D.C.

## Fett meets with Iowa Congressional Delegation in Washington, D.C.

Marcel Fett, board member for Guthrie County REC as well as its power provider, Central Iowa Power Cooperative, attended the 2019 National Rural Electric Cooperative Association Legislative Conference in Washington, D.C., April 30-May 1.

More than 40 representatives from Iowa's electric cooperatives, and more than 2,000 representatives from cooperatives across the country, attended the annual conference to spend three days sharing the electric cooperative story in our nation's capital.

Advocates heard speeches from high-ranking policymakers, including several members of Congress and Chair of the Federal Energy Regulatory Commission Neil Chatterjee. They also participated in breakout sessions in which NRECA staff gave policy briefings and tips on how to effectively advocate on Capitol Hill.

In addition to NRECA-sponsored activities, advocates were able to lobby members of the Iowa Congressional Delegation and their staff, staff from the Executive Office of the President and USDA Under Secretary Bill



Northey. Issues discussed include protecting cooperatives' not-for-profit status, rightsizing pension premiums, protecting Iowa's power supply, and improving rural infrastructure and broadband access.

The group was well-received in every meeting, underscoring the

continuing success of Iowa electric cooperatives' advocacy efforts. Not only were advocates successful in sharing the cooperative point of view on important federal issues, but also were effective at maintaining and building relationships with Washington policymakers. ⚡

### COOPERATIVE VISIT

## Senator Ernst visits cooperative office



U.S. Senator Joni Ernst visited the Guthrie County REC office April 17 during her 99-County Tour of Iowa. While there, she met with local business and community leaders to discuss ways to help rural Iowans gain access to critical services such as health care and infrastructure such as broadband. She said when Congress resumed April 29 she would focus on passing a disaster relief package,

continuing discussion around paid family leave, and passing bills to reauthorize the Violence Against Women Act and the National Defense Authorization Act.

While there, Sen. Ernst was also presented with the U.S. Chamber of Commerce's prestigious Spirit of Enterprise Award, recognizing her support for pro-growth policies in the second session of the 115<sup>th</sup> Congress. ⚡



**Guthrie County REC**

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#### Office

1406 State Street • P.O. Box 7  
Guthrie Center, IA 50115-0007

#### Office Hours

Monday through Friday, 8 a.m. - 4:30 p.m.

#### Telephone Number

641-747-2206 or 888-747-2206  
Calls answered 24 hours a day, 7 days a week

#### Website

[www.guthrie-rec.coop](http://www.guthrie-rec.coop)

This institution is an equal opportunity provider.

# Linemen bring safety education to life



Guthrie County REC Journeyman Lineman Jeremy Gruber volunteered his time May 5 to teach Guthrie Center Clover Kids about electrical safety. The children, who range in age from kindergarten through third grade, were shown how the bucket truck works, the safety gear linemen wear, and how linemen use their gear to climb electric poles.



Journeyman Lineman Keith Hise presented a program on electrical safety May 7-8 to about 200 third graders from Coon Rapids-Bayard, West Central Valley, Adair-Casey/Guthrie Center and Panorama schools. The program was part of Farm Safety Day at the Guthrie County Fairgrounds, where students learned all about best safety practices while working around grain bins, riding all-terrain vehicles (ATVs), working in the sun to prevent sunburn, and power take-off (PTO) safety. Keith also demonstrated the safety equipment linemen must wear on the job and how they climb poles to reach the wires.

Are you interested in having Guthrie County REC speak to your group or organization about electrical safety? Call our office at (888) 747-2206 to schedule. It's free! ⚡

## UNPLUG AND RECHARGE

# Unplug to be more connected

Author Anne Lamott cleverly captured the benefits of unplugging in today's device-driven, multi-tasking world when she said, "Almost everything will work again if you unplug it for a few minutes, including you."

Summer offers a great opportunity to unplug from our devices and enjoy the outdoors with family and friends. Research has shown that we all need downtime after a busy day to recharge – even though we may resist it. Take a moment to slow down and enjoy some peaceful hours away from technology.

If your summer plans include a staycation, take time to recharge your relationships and be more present with those you love. Stop by any one of Guthrie County's parks, prairie remnants, wildlife areas or recreational areas along the Middle Raccoon River to enjoy our beautiful surroundings with your family and friends.

Speaking of spending time outdoors, you can also enjoy energy savings by incorporating LED products and fixtures



for outdoor use, such as pathway, step and porch lights. Many include features like automatic daylight shut-off and motion sensors. You can also find solar-powered lighting for outdoor spaces.

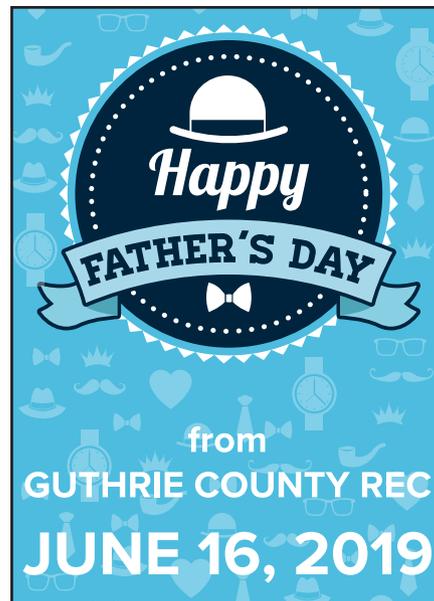
While Guthrie County REC can't help you recharge your relationships, we can help you save money and energy by connecting you with our energy-saving programs and services. When you do plug back in, we're just a call or click away. ⚡

## OFFICE CLOSING

The Guthrie County REC office will be closed

**Thursday, July 4**

for Independence Day. We wish all our members a safe and happy holiday!



# Congratulations, 2019 scholarship recipients!

Guthrie County REC is pleased to announce our 2019 scholarship recipients. Four individuals who reside within the cooperative's service territory will each receive \$1,000 toward their ongoing education.

Each year, Guthrie County REC encourages applications for its scholarship program.

"Our scholarships are one way we can give back to our members and communities," says Guthrie County REC CEO Cozy Nelsen. "As college tuition costs continue to rise, we know every little bit helps. We had several very good applications this year making the selection process difficult for our Scholarship Committee. I want to congratulate each recipient on this award and wish them well in their educational endeavors."

## 2019 scholarship recipients

### Korbin Nourse, West Central Valley

Korbin is the son of Tina and Ryan Nourse of Dexter. He plans to attend Northeast Community College in Norfolk, Nebraska, to pursue a power lineman degree. Korbin has always been interested in a career that allows him to work with his hands, be in an outdoor environment, and use his mathematics and problem-solving skills. He would like to come back to the Stuart/Guthrie area and use his degree to continue to provide dependable energy to the community. Throughout high school, Korbin has been active in football, baseball, wrestling and 4-H and is a champion in hobby stock dirt racing.



### Trey Cobb,

### Panorama

Trey is the son of Kim and Jeff Cobb of Panorama. He plans to attend the University of Iowa to pursue a degree in actuarial science.



Trey has reached many goals he set for himself in high school, including valedictorian, all-district honors in football, and restoring two family tractors. He has been involved in football, basketball, golf, National Honor Society and Student Council. Trey knows his extra-curricular activities and volunteer work throughout high school has shaped him into who he has become today. He has learned many life lessons over his high school career that have prepared him for college and beyond.

### Jaelyn Waddle, Panorama

Jaelyn is the daughter of Jaime and Brandon Waddle of Panorama. She will pursue a degree in architecture at Iowa State University. She has set many goals for herself for her career, including owning her own architecture firm. At Iowa State, Jaelyn hopes to be competitive while studying and understanding what she is learning to obtain internships



that will help her achieve her goals. Throughout high school, Jaelyn has been involved in volleyball, cross country, basketball, soccer, National Honor Society, Spanish Club, Student Council, drama, and speech.

### Chelsea Larsen, Adair-Casey/ Guthrie Center

Chelsea is the daughter of Julie and Cody Larsen of Guthrie Center. She will pursue a degree in animal science at Iowa State University. Chelsea has set communication, leadership, activity involvement and studying goals for herself while at Iowa State to help her achieve her goal of becoming a veterinarian. Throughout high school, Chelsea's work experience with animals, farmers and a small-town business has taught her valuable skills that she will use in her future career to help animals. During high school, Chelsea has been active in volleyball, basketball, track, FFA, 4-H, Leo Club, FCCLA, speech and National Honor Society. ⚡



## Can't beat the heat at home?

Upgrade your home cooling system and get cash back on your new equipment when you take advantage of Guthrie County REC rebates. You'll see that saving money is no sweat! Visit our website to learn more about going electric – and find rebates on new equipment.



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SAVINGS  
WITH  
STAYING  
POWER